

#### 2024 Fall Season

# Agenda

- Introductions
- AYSO Mission & Organization Overview
- Return to Play & COVID-19 Safety Procedures
- Navigating Your Account
- Player Equipment
- Practice & Game Schedule
- Volunteer Coaches
- Weather
- Q&A



#### **AYSO Vision & 6 Philosophies**

AYSO's Vision

To provide world class youth soccer programs that enrich children's lives.

Six Philosophies:

**Everyone Plays**®

**Balanced Teams** 

**Open Registration** 

**Positive Coaching** 

**Good Sportsmanship** 

**Player Development** 



# **Key Information**

- 1. First Week of Practice: Tuesday Sep. 3<sup>rd</sup> Friday. Sep 6<sup>th</sup>
  - No PRACTICE ON LABOR DAY
- 2. First Core Game Day: Sunday, Sept. 8<sup>th</sup>
  - Inter-regional play will start the same week
- 3. Website will have all practice and game schedules
- 4. Download SportsConnect App to stay connected



#### It Takes a Team!

#### **Northside Chicago AYSO Board Members**

- Regional Commissioner (RC) Sean Mullin
- Treasurer Tammy Negrillo
- EXTRA Coordinator Lauren Boegen
- Registrar/Web Administrator Lito Lomahan
- Uniform Manager Jill Bonnette
- Regional Referee Administrator Jeff Dunning
- Child/Volunteer Protection Advocate (CVPA)— Sara Slight
- Picture Day Coordinator OPEN
- Social Media/Marketing OPEN
- Coach Administrator- Maggie Lefevre
- Coach Instructor / Training Admin Natalie Dumstorff
- 8U Division Coordinator Josh Summers
- 10U Division Coordinator Sarah Slight
- Event Coordinator OPEN

#### **OPEN POSITIONS**

- Assistant Regional Commissioner
- Secretary
- Scheduler
- Marketing Director
- Picture Day Coordinator
- Equipment/Field Manager



# AYSO MISSION & ORGANIZATIONAL OVERVIEW



### AYSO Mission & 6 Philosophies

#### **AYSO's Mission**

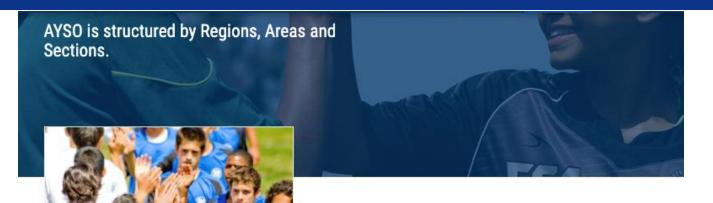
Our mission is to develop and deliver quality youth soccer programs throughout the country which promote a fun, family environment built on the <u>foundation of our Six Philosophies</u>.

**Everyone Plays Balanced Teams Open Registration** 

Positive Coaching
Good Sportsmanship
Player Development



# **AYSO Organization**



#### **AYSO National Office**

The AYSO National Office, located in Torrance, California, provides support to Regions, Areas, Sections and the National Board of Directors. The National Office staff members are here to support AYSO programs and answer any questions AYSO families may have.



#### Section

AYSO divides the country into 14 geographic Sections based on player population. Section Directors are responsible for activities in their respective Section, ensuring that Areas and Regions comply with all AYSO fundamentals and deliver quality programs.



#### Area

A group of AYSO Regions combined form an Area. AYSO has close to 100 Areas nationwide. Area Directors are trained to support and mentor each of their Regions, and are responsible for oversight of activities within their Regions.



#### Region

AYSO's grassroots programs begin with a communitybased league, called a Region. A Region can range in size from less than a hundred players to several thousand. Each Region is run by a volunteer Regional Commissioner and a volunteer Regional Board. **AYSO National** – Based in Torrance, California

**Section 6** – Includes Illinois, Iowa, Michigan

**Area D -** Includes Chicago and northern suburbs

**Region 1206** – Northside Chicago - That's Us!

### AYSO 1206 Programs

- School Yard Our pre-school program for kids ages 3-5
- Core Our recreational program for kids from 6U to 12U
- 14U & 19U IR Travel Program Teams play other AYSO Regions in our Area – advanced form of our Core program
- EXTRA Competitive Program Competitive team selected through tryouts for 10U and 12U boys and girls. Play other AYSO Regions in the Chicagoland Area
- Select Program Teams for competitive players older than 12U that play at a club level

#### EXTRA



- EXTRA is a competitive program that offers players the opportunity to play soccer at a higher-level and develop their skills in a more competitive environment.
- Complements Core program with professional trainers and inter-regional play
- Teams are based on results of tryouts, held at the end of the every spring before the fall season starts
- Commitment requires one additional practice and game per week
- Season starts in the fall and runs through the spring
- Available for U10 & U12 girls and boys
- TRYOUTS are in the spring before the season starts in the fall
- SPOTS CURRENTLY OPEN IN 10U & 12U Girls

## Volunteer-Run Organization

- All positions supporting the league are staffed by registered volunteers, with exception of a few professional soccer trainers
- All registered volunteers and go through background check
- Coaches and referees are trained and certified
- League follows state and federal child and volunteer protection guidelines
- All volunteers go through additional safety and injury prevention training

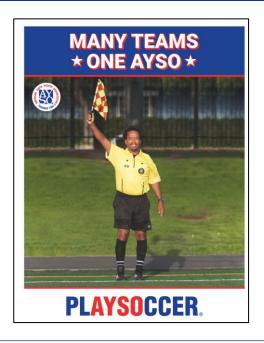
### Volunteer Opportunities

PLEASE consider how you can share your time and talents with our soccer community.

- Coach
- Referee
- Lots of Opportunities for Special Projects
  - Run an equipment exchange
  - Help run our end of season Tournament & Celebration
- ➤ Many hands make light work



#### Referee with AYSO



Register as a Volunteer at <a href="www.NorthsideChicagoAYSO.com">www.NorthsideChicagoAYSO.com</a> and email <a href="referee@northsidechicagoayso.com">referee@northsidechicagoayso.com</a> to join our referee program!

All referees are VOLUNTEERS!

Referee training provided – no experience necessary

Need more refs in order to staff U10 and under games

You're already coming to your child's game - why not sign up to ref?

Work as many or as few games as you like

Gain Gift Cards and Volunteer Hours

#### **COACHING WITH AYSO**



# Coaching - A Lifetime of Memories







#### Coach with AYSO



All coaches are volunteers

No experience necessary

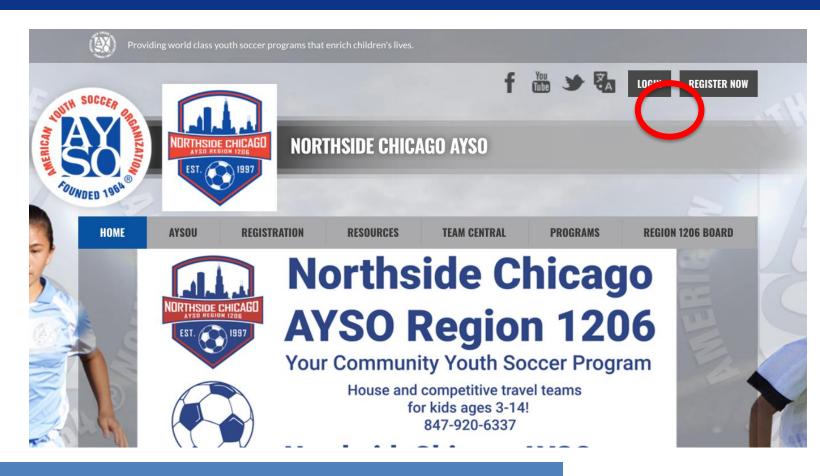
AYSO provides all the training and support you need to be successful

#### NAVIGATING YOUR ACCOUNT



### League Website

- Your link to:
  - Team Roster
  - Game Schedule
  - Practice Schedule
  - General Information
  - Weather Updates





NorthsideChicagoAYSO.com

### Manage Your Account

- We use the email address(es) in our system to communicate with you
- Add info@northsidechicagoayso.com as a trusted email
- Make sure everyone who needs to know about AYSO is getting our emails (parents, grandparents, caregivers etc.)
  - Can add an Additional User if needed
  - Add a Secondary Email





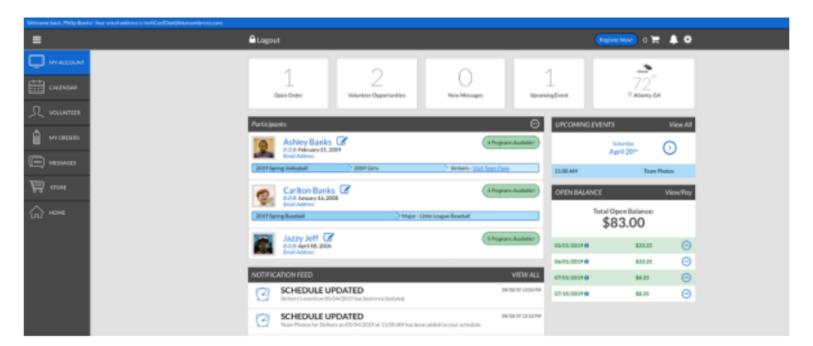
**Click Here for Parent Support** 

Club Parent Support > Navigating My Account

Search Q

#### **Navigating My Account**

Hover over the interactive image below to learn more about your Account Dashboard



HOME

GETTING STARTED

FAQS

NAVIGATING MY

ACCOUNT

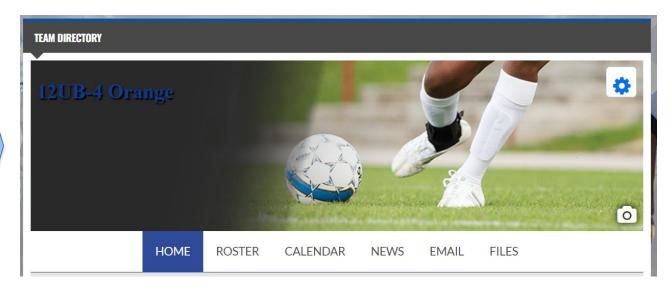
#### Rosters & Schedules

- All players are assigned to a team
- Rosters and schedules are posted on our website www.NorthsideChicagoAYSO.com
- Automatic reminders are sent to your email prior to each game and practice
- Changes to game times or schedules will be posted on the website and automated emails will be sent
- All rosters are intended to be balanced



#### Team Central





- Team Central
  - See the team roster
  - Game and Practice Schedule
  - Email coaches



#### PLAYER PREPARATION



#### Assess Your Health

- If you don't feel well STAY HOME!!
- Ask the following:
  - Do you have a new cough that you cannot attribute to another health condition?
  - Do you have a **new or worsening sore throat** that you cannot attribute to another health condition?
  - Do you have a new or worsening shortness of breath that you cannot attribute to another health condition?
  - Have you recently developed a complete loss of smell or taste?



### Player Equipment

#### **AYSO Will Provide**

- Jersey
- Shorts
- Soccer Socks







Uniforms will be distributed by coaches at practice or at your Sunday game.

#### **Player Provides**

Every player **MUST** have the following equipment

- Soccer ball
  - Size 3 School Yard, 6U, 8U
  - Size 4 10U, 12U
  - Size 5 14U, 19U
- Shin guards
- Water bottle
- Soccer cleats for 8U and above (not football or baseball cleats)



# Where to Buy Equipment

- DICK's Sporting Goods
- Chicago Soccer
- Play it Again Sports
- Target

Watch our for coupons to Dick's Sporting Goods



# PRACTICE & GAMES SCHEDULES



# Support Your Coach

- 1. Communicate with your coaches, introduce yourself
- 2. Be on early for practices and games
  - Please don't be late to pick them up
- 3. Let coach know if someone else is picking up your child
- 4. Think about how you can help
- 5. Let coaches know if you can't make a game or practice, particularly if there are holidays coming up

#### **Practice Times**

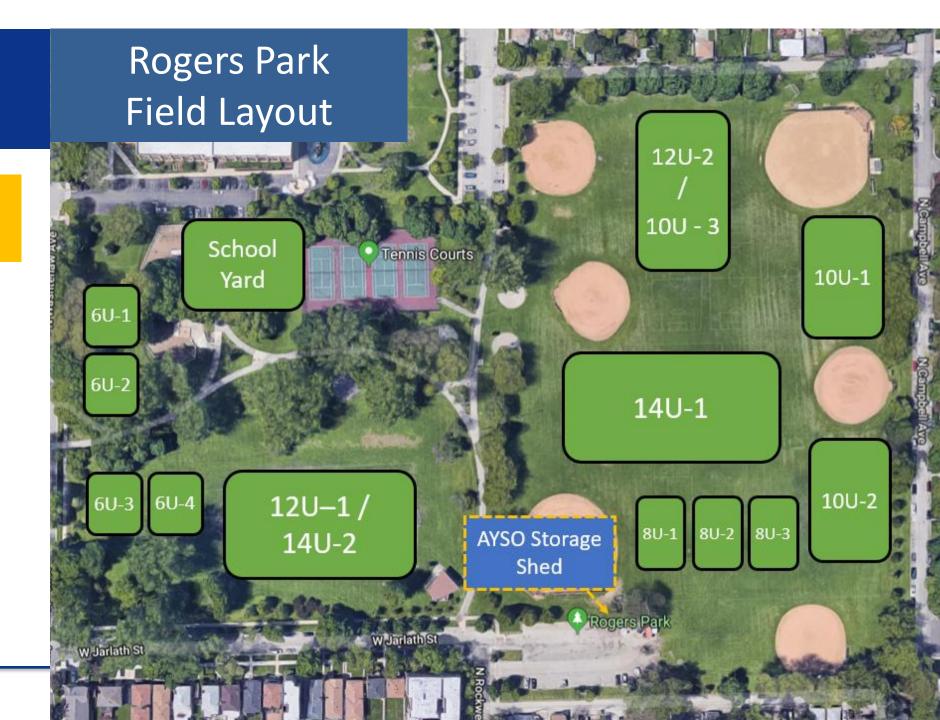
Division	Practice Time	Practice Fields
School Yard	No Weekday Practice	Rogers Park
6U-Coed	No Weekday Practice	Rogers Park
8U - Boys	Tuesdays 6-7pm	Rogers Park
8U - Girls	Mondays 6-7pm	Rogers Park
10U - Boys	Thursdays 6-7pm	Rogers Park
10U - Girls	Wednesdays 6-7pm	Rogers Park
12U - Boys	Wednesdays 6-7pm	Lerner Park
12U - Girls	Wednesdays 6-7pm	Rogers Park
14U - Boys	Mon & Thurs 5:30-7pm	Lerner Park
14U - Girls	TBD	Lerner Park
10U-Boys EXTRA	Tuesdays 5:30-7pm	Lerner Park
12U-Boys EXTRA	Tuesdays 5:30-7pm	Lerner Park
10U-Girls EXTRA	Tuesdays 5:30-7pm	Lerner Park
12U-Girls EXTRA	Tuesdays 5:30-7pm	Lerner Park

#### **Our Fields are at**

- Rogers Park
  - 7215 N. Rockwell
  - 12U #1/Practice Field
- Lerner Park
  - 7000 N. Sacramento
- Warren Park
  - 6600 N. Western

# Game Day – Field Layout

Rogers Park
7215 N. Rockwell Ave





## Rogers Park – Practice Fields

Rogers Park
7215 N. Rockwell Ave

Note: Bathrooms and Field House may not be open during practices





#### Lerner Park – Practice Fields

Lerner Park
7000 N. Sacramento

Note: No bathrooms or field

house on site





### **Game Format**

Division	Format	Time	Key Aspects of Game Play
Schoolyard	Group	1 Hour	N/A
<b>6</b> U	Small-sided 4 v. 4	30 min practice / 2 x 12.5 min halves	<ul> <li>No Goalies</li> <li>No throw-ins (kick-in) / No headers</li> <li>Minimal stoppage for infractions</li> </ul>
8U	Small-sided 5 v. 5 or 4 v. 4	4 x 10 min quarters / (5 min halftime break)	<ul> <li>No Goalies</li> <li>Include throw-ins / No headers</li> <li>Flexible stoppage for infractions</li> </ul>
<b>10U</b>	7 v. 7	4 x 12.5 min quarters / (5 min halftime break)	<ul> <li>Include Goalies – no punting</li> <li>Break-out line (only 10U)</li> <li>No headers</li> <li>Flexible stoppage for infractions</li> </ul>
<b>12U</b>	9 v. 9	4 x 15-minute quarters / (5 min halftime break)	<ul> <li>No headers</li> <li>Punting</li> <li>Enforce infractions</li> </ul>
14U	11 v. 11	4 x 17.5-minute quarters (5 min halftime break)	<ul><li>FULL SOCCER</li><li>Enforce infractions</li></ul>



#### Weather

#### What if it is raining?

 We play in the rain, as long as there is no thunder and/or lightning and the fields remain playable

#### What if it is cold?

 We play in the cold too. It's okay to wear pants and long sleeves under your uniform as well as gloves and a stocking hat.

Your coach or the league will let you know via email if your practice or Sunday scrimmage is cancelled for any reason.

You decide what is best for your child. Please let your coach know if your player will miss a game or practice.



# Still have questions?



info@NorthsideChicagoAYSO.com



